

CASTLE SHANNON POLICE DEPARTMENT

CHIEF OF POLICE
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POLICE TEST

BOROUGH OF CASTLE SHANNON



INSTRUCTIONS

1. This is a single application for the testing process which is being administered on behalf of:
 - Borough of Castle Shannon

The applicant must verify for themselves that they are interested in employment as an entry level police officer.

2. Minimum qualifications for the position of entry level police officer are set forth in the information accompanying these instructions. The applicant should review this information. It should be understood that these are the minimum qualifications and are not all-inclusive. Failure to meet these minimum requirements selected, however, will automatically preclude employment. Particular attention should be paid to the Act 120 Certification requirements. The applicant is responsible for securing the required training and certification by the stipulated time at his or her own expense. Castle Shannon will not send an applicant to an academy.
3. Upon completion of the testing process, the test results are sent to Castle Shannon.
4. **Completed applications are to be returned only to Castle Shannon Police Department, 3310 McRoberts Road, Pittsburgh, PA 15234 no later than 4:00 PM on Friday, October 25, 2024. Applications may be e-mailed to info@csboro.com, mailed or delivered in person.** Only the following items are to be submitted to Castle Shannon:
 - 1) the completed, signed Application,
 - 2) the signed Applicant's Release,
 - 3) the signed Physician's Certification

The Physician's Certification must be on the form provided with the Application Material. The Physician's Certification must be dated no more than sixty (60) calendar days prior to the date of the Physical Agility Test.

Incomplete applications will be returned. No additional attachments or resumes are to be included with the submission.

5. Providing false or inaccurate information will subject the applicant to immediate disqualification.
6. The **Physical Agility Test** will be conducted at the Allegheny County Police Training Academy and the **Written Examination** will be administered following the Physical Agility Test. Identification containing the applicant's photograph will be required at the test site to be admitted to the test. **The applicant must pass all elements of the Physical Agility Test to be eligible to take the Written Examination.** Failure of any one of the events in the Physical Agility Test is a failure of the entire test. If one event is failed, the testing process is terminated for the applicant at that point.
7. Passing the Physical Agility Test and the Written Examination does not guarantee employment. Upon receipt of the test results, Castle Shannon Borough will further process the applicant pursuant to its needs. All further processing will be according to Castle Shannon's own civil service rules and regulations and/or hiring practices and policies.

APPLICATION

CASTLE SHANNON POLICE TEST

PLEASE TYPE OR PRINT CLEARLY ALL INFORMATION

1. Mr./Ms.	2. Last Name	3. First Name	4. Middle Name
5. Street Address; Apartment No.			
6. City	7. State	8. Zip Code	
9. Cell Phone Number	10. Home Phone Number	11. Work Phone Number	
12. Email Address			
13. Do you meet the age requirements(s) for the position to which you are applying?			<input type="checkbox"/> YES <input type="checkbox"/> NO
14. Are you a citizen of the United States?			<input type="checkbox"/> YES <input type="checkbox"/> NO
15. Do you possess a High School Education or GED Equivalency?			<input type="checkbox"/> YES <input type="checkbox"/> NO
16. Do you possess a valid Motor Vehicle Operator's License?			<input type="checkbox"/> YES <input type="checkbox"/> NO
17. What is the name of the State or Territory that issued your current Operator's License?			

I hereby certify that the information provided above is true and correct to the best of my knowledge and belief. The undersigned understands that the statements herein made are subject to the penalties of 18 Pa. Cons. Stat. An. §4904 relating to unsworn falsification to authorities.

Signature: _____

Date: _____

FOR CSPD USE ONLY:

Date Received: _____ Time Received: _____

(RETURN WITH APPLICATION)

APPLICANT'S RELEASE

PHYSICAL AGILITY TEST

As an applicant for the Examination for Entry Level Police Officer, I understand that I will be required to undergo a Physical Agility Test consisting of the following:

SIT-UPS

With legs bent at a 90-degree angle, heels on the mat or ground, fingers interlocked behind the head, lift the body, touch elbows to knees, and return to the starting position, shoulders touching the mat or ground. Feet may be together or apart and may be held but not knelt upon by another. Fingers must stay interlocked behind the head throughout the event. The back cannot be arched and the buttocks cannot be lifted from the mat. *See chart for minimum standards.*

300 METER RUN

Cover the required distance of 300 meters. *See chart for minimum standards.*

PUSH-UPS

From a front supported position, hands and feet (toes), lower body as a unit with shoulders, hips and legs in the same plane, lowering the body by bending the elbows until the upper arms are parallel to the ground, and return to a front supported position by straightening the arms. Rest is permitted in the up position. There is no time limit. *See chart for minimum standards.*

1.5 MILE RUN

Cover a measured distance of 1.5 miles on an assigned course. *See chart for minimum standards.*

I have read and understand the requirements of the Physical Agility Test set forth above and knowing this, I believe myself to be in good health and physically fit to participate in this test. I represent that to the best of my knowledge and belief I have no physical condition that would likely cause physical injury, disability, or illness as a result of attempting to perform the elements of the test as described above. In consideration of processing my application, and intending to be legally bound, I hereby release, indemnify and hold harmless the Borough of Castle Shannon and their agents, their elected officials, their appointed officials, their respective Civil Service Commissions and their members, where applicable, and the owners, custodians, directors and employees of the property on which the test is given from all claims, demands and suits which may arise or result from any injury or illness which is caused by or results from taking or attempting to take the test as set forth above.

(Signature)

(Applicant's Name, Typed or Printed)

(RETURN WITH APPLICATION)

PHYSICIAN'S CERTIFICATION

I, _____, M.D., have examined
(Physician's Name, Typed or Printed)

_____ and understand that this applicant will have to
(Applicant's Name, Typed or Printed)

complete a Physical Agility Test consisting of the following elements:

<u>Event</u>	<u>Required Time</u>
Sit-Ups.....	<i>See Chart</i>
300 Meter Run.....	<i>for</i>
Push-Ups	<i>Minimum</i>
1.5 Mile Run.....	<i>Standards</i>

which are described in greater detail on the "Applicant's Release - Physical Agility Test". Having

examined the said _____, I hereby certify that he/she
(Applicant's Name, Typed or Printed)

is physically able to undertake the described Physical Agility Test.

(Physician's Signature)

(Address)

(Date)

(Physician's DEA Number)

(RETURN WITH APPLICATION)



Commonwealth of Pennsylvania
Municipal Police Officers' Education and Training Commission (MPOETC)

MPOETC's Physical Fitness Assessment Standards

30% Standards	Male Standards by Age					Female Standards by Age				
	18-29	30-39	40-49	50-59	60+	18-29	30-39	40-49	50-59	60+
Age Range										
Sit Ups (1 min rep)	35	32	27	21	17	30	22	17	12	4
300-meter Run (time)	62.1	63	77	87	87	75	82	106.7	106.7	106.7
Push Ups (1 min rep)	26	20	15	10	10	13	9	7	7	7
1.5-mile Run (time)	13:08	13:48	14:33	16:16	16:39	15:46	16:46	18:26	20:17	22:34

This is a cumulative test. All events must be completed within two (2) hours.

Testing Order:

1. Sit Ups
2. 300-meter Run
3. Push Ups
4. 1.5-mile Run

All Applicants:

- Afforded a minimum rest time of five (5) minutes between events.
- Required to pass the Entrance Fitness Test with a score at the 30th percentile (chart above) in each event based on their biological (birth) gender and age at the time of testing.

If an Applicant:

- Does not fall into one of the listed age categories, special authorization must be obtained from MPOETC before testing can be accomplished.
- Is unsuccessful in any event, testing is immediately ended (failure) and no other events can be attempted at that time.